

# mīstral

## 800ml Ice Cream Maker



## Instruction Manual

Model: BICM672

# Important Safeguards

**When using electrical appliances, in order to reduce the risk of fire, electric shock and/ or injury, these basic safety precautions should always be followed.:**

## For Your Safety

***Read all instructions carefully, even if you are familiar with the appliance.***

- Ensure the voltage is compliant with the voltage range stated on the rating label and ensure the earthing of the socket is in good condition.
- If the supply cord is damaged, DO NOT use. For electrical safety, any repairs to the product should only be carried out by a qualified electrical person only or the product must be disposed of, to avoid a hazard.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- Children should be supervised to ensure that they do not play with the appliance.
- This appliance is intended to be used in household and similar applications such as
  - staff kitchen areas in shops, offices and other working environments.
  - farm houses and by clients in hotels, motels and other residential type environments;
  - bed and breakfast type environments.
  - catering and similar non-retail applications.
- **WARNING:** Do not store explosive substances such as aerosol cans with a flammable propellant in this appliance.
- **WARNING:** Keep ventilating opening clear of obstruction.
- **WARNING:** Do not use mechanical devices or other means to accelerate the defrosting process, other than those recommended by the manufacturer.
- **WARNING:** Do not damage the refrigerant circuit.

- **WARNING:** Do not use electrical appliances inside the food storage compartments of the appliance, unless they are of the type recommended by the manufacturer.
- **WARNING:** When positioning the appliance, ensure the supply cord is not trapped or damaged.
- **WARNING:** Do not locate multiple portable socket-outlets or portable power supplies at the rear of the appliance.
- **WARNING:** When disposing of the appliance, do so only at an authorized waste disposal center. Do not expose to flame.
- The refrigerant (R600a) is flammable.



### Caution: risk of fire

**The refrigerant isobutene (R600a) is contained within the refrigerant circuit of the appliance, a natural gas with a high level of environmental compatibility, which is nevertheless flammable. During transportation and installation of the appliance, ensure that none of the components of the refrigerant circuit becomes damaged.**

If the refrigerant circuit should be damaged:

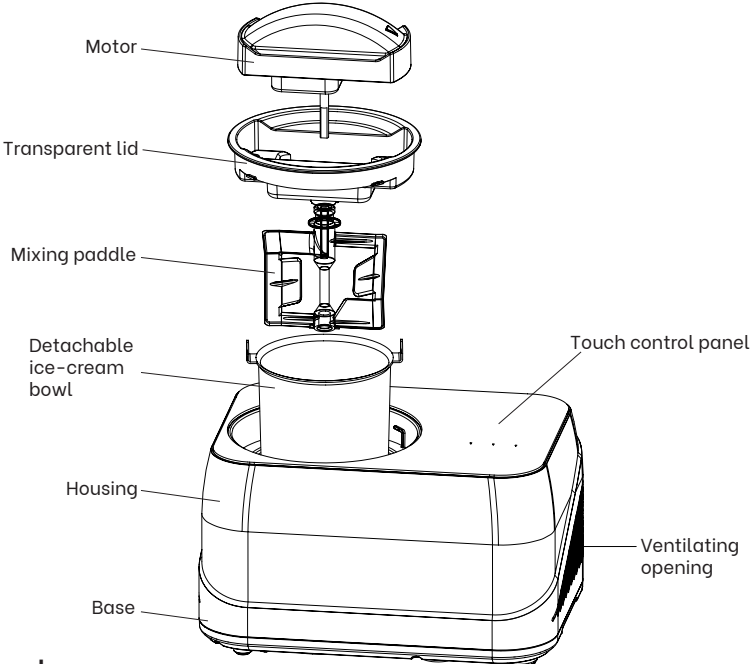
- Avoid opening flames and sources of ignition.
- Thoroughly ventilate the room in which the appliance is situated.
- The plug must be removed before cleaning, maintaining or filling the appliance.
- Do not upend this product or incline it over a 45° angle.
- Unplug the appliance after using or before cleaning. Allow all parts of the appliance reach room temperature before disassembling and cleaning.
- Keep the appliance 8cm from other objects to ensure the good heat releasing.
- Do not use the accessories not recommended by Manufacturer.
- Do not use the appliance close by flames, hot plates or stoves.

- Do not switch on the power button frequently (ensure 3min. interval at least) to avoid the damage of compressor.
- Metal sheet or other electric objects should not be inserted into the appliance to avoid electric shock, fire and short circuit.
- When take out the ice-cream, do not knock the bowl or edge of bowl to protect the bowl from damage.
- Do not switch on the power before install well the bowl and mixing paddle.
- The initial temperature of the ingredient is room temperature. Do not put the ingredient into freezer for pre-freeze, as it will easily make the mixing paddle blocked before the ice-cream reach a good condition.
- Do not remove the mixing paddle when the appliance is working.
- THIS PRODUCT IS INTENDED FOR HOUSEHOLD USE ONLY. Do not use outdoors.
- Always disconnect the appliance from the power supply before approaching or changing parts.
- For the operating times, please refer to “USE YOUR ICE CREAMMAKER”.
- Never clean with scouring powders or hard implements.
- To avoid contamination of food, please respect the following instructions:
  - Opening the lid for long periods can cause a significant increase of the temperature in the compartments of the appliance.
  - Clean regularly surfaces that can come in contact with food.
- Never immerse the product in water or any other liquid, do not rinse it under the tap.
- For cleaning and storage, please refer to “CLEANING AND STORAGE” section.

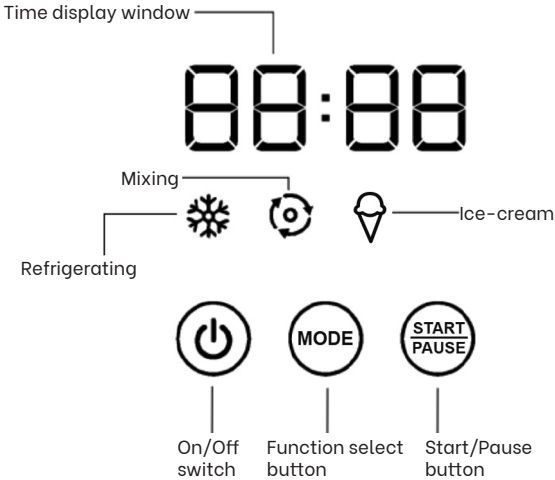
## Save These Instructions

**THIS APPLIANCE IS DESIGNED FOR  
HOUSEHOLD USE ONLY**

# Features of Your Ice Cream Maker



## Control panel



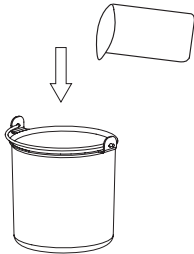
# Before First Use

- When using the appliance for the first time, carefully remove all packaging materials.
- Clean all parts according to the instructions in the “**Cleaning and Storage**” section.
- Thoroughly dry all parts after cleaning.

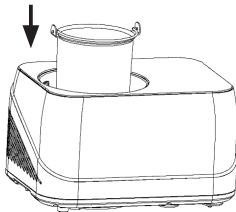
# Using Your Ice Cream Maker

1. Pour the well-prepared ingredients into the detachable bowl in the correct proportions, then mix evenly.

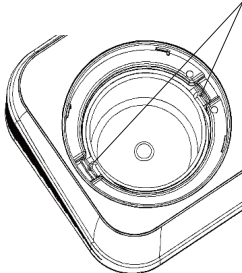
**Caution: Do not add more than 500 mL of ingredients or exceed the MAX marking inside the bowl.**



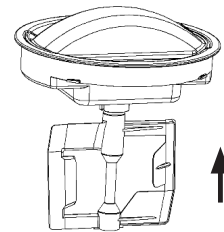
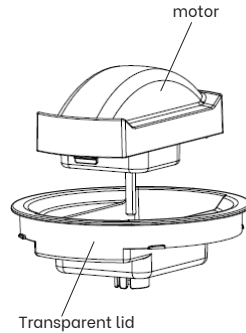
2. Place the detachable bowl into the ice cream maker, aligning both ends of the handle with the grooves in the appliance.



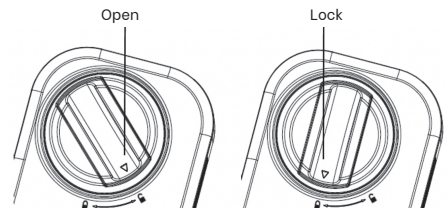
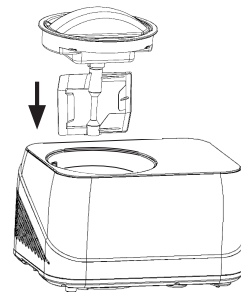
Installation position of the detachable bowl



3. Assemble the motor, transparent lid, and mixing paddle together.



4. Insert the lid assembly vertically into the ice cream maker. Make sure the axle of the mixing blade aligns with the raised point at the bottom of the detachable bowl. Rotate the lid clockwise to lock it in place with click sound as shown in picture.




**Warning: The motor will not run if the lid is not locked correctly in position at ice-cream mode or mixing mode.**

5. Plug the appliance into a standard domestic power outlet.
6. Switch on the appliance. Select the desired function and start the appliance. Please refer to the "Using the Control Panel" section for detailed instruction.  
Caution: Do not turn on the appliance before properly installing the bowl and mixing paddle.
7. When the operation is complete, turn the lid assembly counterclockwise to unlock and remove it. Then, carefully lift out the ice cream bowl.



**Note: If the bowl is difficult to remove, wait a few moments and try again. This is likely due to ice forming between the bowl and the appliance.**

**Note: The maximum volume of mixture that can be prepared in the bowl is 500ml. As the mixture expands during the freezing process, the maximum volume of ice cream that can be made during the ice cream making process is approximately 800mls.**

## Using the Control Panel



Plug in the appliance to the power outlet. Press  to switch on the appliance.

### Making ice-cream

The default function is Ice Cream, indicated by a flashing  icon and "00:00" on the display. Press the **Start/Pause** button to begin making ice cream. The timer will start counting up on the screen. To pause the operation, press the **Start/Pause** button again; press it once more to resume. When the mixture reaches the preset hardness level, the ice cream is ready. The appliance will stop automatically with 10 beeps, and "COOL" shown on the screen along with the .


### Mixing

**Note: This mode is intended to thoroughly mix the ingredients before starting the ice cream making process.**

Press the Mode button until the  icon flashes and "30:00" appears on the screen. Press the **Start/Pause** button to begin mixing; the timer will begin counting down. To pause the appliance during operation, press the **Start/Pause** button again. Press it once more to resume. When the countdown ends or the mixture reaches the preset hardness level, the appliance will stop automatically with 10 beeps, and the  icon will flash.

### Refrigerating

**Note: This mode is intended to keep the food cold.**

To operate the appliance, press the **Mode** button until  flashes and the time "10:00" appears on the screen. Press the **Start/Pause** button to begin refrigeration; the countdown will start. To pause the process, press the **Start/Pause** button once, and press it again to resume. When the countdown reaches zero, the appliance will stop automatically with 10 beeps.

### Auto Power-Off Function

The appliance will automatically shut down if there is no operation within 10 minutes after being turned on. This feature helps save energy and ensures safety when the device is left unattended.

### 1-Hour Auto Refrigeration Function

Once the ice cream is ready and no further operation is detected, the appliance will automatically enter a 1-hour refrigeration mode to keep the contents cool. During this period, "COOL" shown on the screen. After one hour, the appliance will emit 10 beeps, and the display will show "00:00", indicating the end of the refrigeration cycle.

### Compressor Self-Protection Function

After making ice cream or completing a refrigeration cycle, the compressor enters a 3-minute protection period. Always allow the appliance to cool down for at least 3 minutes before starting a new ice cream or refrigeration cycle.

# Recommended Recipes

## Basic Ice Cream

- 160g cream
- 100g powdered milk
- 150g water

### Instructions:

Mix all ingredients and pour the mixture into the ice cream bowl. Turn on the appliance and mix for 5 minutes. Then start the ice cream-making process. The ice cream will be ready in 40–50 minutes.

## Basic Chocolate Ice Cream

- 130g whole milk
- 60g sugar
- 130g bittersweet or semi-sweet chocolate (cut into 1.2 cm pieces)
- 130g heavy cream (well chilled)
- ½ tsp pure vanilla extract

### Instructions:

Heat the milk until it just begins to bubble around the edges (on the stove or in a microwave). In a food processor with a metal blade, pulse the sugar and chocolate until finely chopped. Add hot milk and process until smooth. Transfer to a bowl and let the mixture cool completely. Stir in the cream and vanilla, and pre-cool the mixture. Pour it into the ice cream bowl, turn on the appliance, and start the ice cream-making process. It will be ready in 30–40 minutes.

## Fresh Strawberry Ice Cream

- 135g fresh strawberries (stemmed and sliced)
- 30g freshly squeezed lemon juice
- 60g sugar (divided)
- 130g whole milk
- 130g heavy cream
- ½ tsp pure vanilla extract

### Instructions:

In a small bowl, combine strawberries, lemon juice, and 30g of sugar. Stir gently and let sit for 2 hours to macerate. In another bowl, whisk milk and the remaining 30g sugar until dissolved. Separate the juice from the strawberries and stir it into the milk mixture along with the cream and vanilla. Pour into the ice cream bowl, turn on the appliance, and start the process. Ice cream will be ready in 50–60 minutes. Add the sliced strawberries during the last 5 minutes.

## Fresh Lemon Sorbet

- 190g sugar
- 225g water
- 65g freshly squeezed lemon juice
- ½ tsp finely chopped lemon zest

### Instructions:

Heat the sugar and water in a saucepan until the sugar dissolves. Cool completely. Stir in lemon juice and zest. Pour the mixture into the ice cream bowl, turn on the appliance, and start making the sorbet. It will be ready in 50–60 minutes.

## Chocolate Frozen Yogurt

- 130g whole milk
- 145g bittersweet or semi-sweet chocolate (chopped)
- 215g low-fat vanilla yogurt
- 25g sugar

### Instructions:

In a blender or food processor, combine milk and chocolate; process until smooth. Add yogurt and sugar, then blend for about 15 seconds until fully combined. Let the mixture cool. Pour into the ice cream bowl, turn on the appliance, and start the process. It will be ready in 50–60 minutes.

# Cleaning and Storage

The appliance should be cleaned after each use.

1. Switch off the appliance and unplug the power cord; ensuring you let the appliance cool before cleaning.
2. Wash the transparent lid, bowl, and paddle with warm, soapy water.
3. Wipe over the motor, main unit, and power cord with a soft damp sponge or cloth. Do not use abrasives or strong household cleaners.
4. Ensure all parts are thoroughly cleaned and completely dry before storing.
5. Store the appliance upright in a clean, dry place, and avoid placing anything on top of it.

# Specifications

Voltage.....220-240V~ 50Hz  
Power .....100W  
Max. ingredients capacity:.....500mL

**Note: As a result of continual improvements, the design and specifications of the product within may differ slightly to the unit illustrated from the packaging.**

# Notes

# Notes

**G | S | M**

Gerard Sourcing & Manufacturing

**GSM Retail Group**

**Consumer Service Centre :**

**Aus: 1300 373 199**

**NZ: 0800 764 912**

GSM Retail Group has a policy of continual improvement throughout the product range.  
As such the unit contained within may differ slightly from the unit illustrated on the pack.

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